



NOVEMBER 2023



	Monday	Tuesday	Wednesday	Thursday	Friday
Brkfst	Muffin Apple Milk 6	Cinnamon Rolls Canataloupe Milk 7	Toast w/butter jelly optional Milk; pineapple 8	French Toast Sticks Peaches Milk 9	Bagel w/cream cheese; Pineapple Milk 10
Launch	Chicken Nuggets Broccoli Pears Bread and butter Milk	Hot dog on bun Tater tots Applesauce Milk	Grilled Cheese Sweet Potato Stick Mandarin Oranges Milk	Smoked Sausage Cheesy Potatoes Bread & Butter Pineapple Milk	Little Caesars Pizza Oranges Carrots Milk
Snack	Goldfish Apple Juice	Nutrigrain Bar Milk	Peach jello Graham crackers	String Cheese Pretzels	Chocolate Chip Cookie Milk
Brkfst	Waffle w/powdered sugar pears milk 13	Coffee Cake Banana Milk 14	Pancakes w/syrup Orange Milk 15	Pop Tart Peaches Milk 16	Cereal Apples Milk 17
Launch	Corn dogs Cucumbers Oranges Milk	Meatball subs w/provolone Pineapple Cauliflower Milk	Chicken Patty/Mayo Carrots Apple Milk	Bologna & Cheese Sandwich Broccoli Apples Milk	Chicken Noodle Chowder Crackers Peas Pears Milk
Snack	Chex Mix Apple Juice	Cheese and Crackers Apple Juice	Vanilla Wafers Milk	Snicker Snack Milk	Yogurt Stick Graham Cracker
Brkfst	Muffin Apple Milk 20	Cinnamon Rolls Canataloupe Milk 21	Toast w/butter jelly optional Milk; pineapple 22	 23	24
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